

living

The Celebration Issue

DECEMBER 2016

MANSFIELD
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STATE OF
Grace

2016 PARTY DRESSES

ALOHA
INSIDER TIPS FROM
THE BIG ISLAND

UNIQUE
GIFT IDEAS
SURE TO MAKE THEM
SAY "WOW!"

HEARTY WINTER
COMFORT
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THIS ISSUE...

Uniting Physicians
Who Care For Your
Family Through Every
Stage of *Life*

Find Your Medical Home with USMD Health System

BY MEREDITH KNIGHT PHOTOGRAPHY BY DEREK GOWER



Over the past thirty years, medicine has become disjointed, with individuals bouncing from specialist to specialist, each with their own narrow focus, with no one, it seems, considering the whole wellness picture. Enter the “medical home”—a single touchstone where an individual or a family can have their wellness and care coordinated. Enter USMD Health System, where the patient’s best interest isn’t just a factor. It’s the only factor. Far better than the fragmented care to which we’ve all become resigned. Better even than a medical team, USMD offers patients a medical family where care is world-class, cost-effective, physician-led, integrated, and patient-centered.

USMD is a different kind of healthcare home. One that’s truly connected, with the power to meet your every need within the same system. Headquartered in Irving, Texas, and serving DFW with two hospitals, four cancer treatment centers, and nearly 50 primary care and specialty clinics, USMD Health System is truly patient-focused, with more than 250 providers committed to making decisions in the best interest of every patient.

USMD Physician Clinics

USMD offers nearly 50 physician clinics, many of which are multi-spe-

cialty, and more than 250 providers in more than 20 different specialties across DFW. USMD truly can care for every member of your family throughout every stage of their life. And, when it comes to personalized care, USMD physicians place the patients’ needs above all else.

Primary Care Physicians

USMD has nearly 150 primary care providers (PCP) at 27 locations across the Metroplex.

USMD PCPs serve as a patient’s main point of contact in the health system—they are the first call a patient makes

when their throat hurts, they have a fever, ear ache or the flu or need an annual physical, preventive care, or screening.

Aside from being a patient’s main medical contact, USMD PCPs:

- Treat patients with comprehensive, continuous, and compassionate care
- Provide access to a wide spectrum of health services, such as care for chronic conditions, including asthma, hypertension and diabetes; and care for acute symptoms, like cough, stomach pain, or high fever
- Serve as a patient’s advocate and guide through the healthcare system

USMD is your family's medical home offering you one source for:

- Primary Care
- Specialty Care
- Hospitals
- Imaging
- Senior Care



- Coordinate a patient's care in one place and provide referrals to specialty care, when needed
- Detect patterns in a patient's health and recommend lifestyle changes to prevent future complications that may require costly specialty care or ER visits. For example, simple testing during a PCP visit can reveal health problems, such as high blood pressure, that may otherwise go unnoticed, leading to more serious, and costly, issues later in life.

In addition, all of USMD's primary care clinics are accredited by the Patient-

Centered Medical Home Program, a recognition program that's part of the National Committee for Quality Assurance. The Level 3 recognition earned by USMD means that USMD's primary care clinics successfully display and utilize evidence-based, patient-centered processes that focus on highly coordinated patient care and long-term patient relationships.

SeniorCare

With nearly 100 providers across the Metroplex participating in the USMD SeniorCare program, USMD SeniorCare provides our precious senior population with high-quality, effective, and efficient healthcare, while addressing the unique needs of senior patients and their caregivers.

USMD Hospital at Arlington

With nine oversized, state-of-the-art operating rooms and two procedural rooms, USMD Hospital at Arlington is equipped for a wide variety of cases. A leader in DFW, USMD Arlington offers four da Vinci Systems and one of the top ten robotic surgery programs in the Metroplex. If an overnight stay is required, the hospital offers 34 private inpatient suites complete with WiFi, mini refrigerator, TV, an additional bed for an attending family visitor, and a one-to-five nurse/patient ratio (compared to the national average of one-to-eight).

USMD Hospital at Fort Worth

This unique physician-owned facility offers six state-of-the-art surgical suites and separate entrances and facilities for pediatric and adult patients, including separate registration, waiting, pre-op, surgery and recovery areas. If an overnight stay is required, the hospital offers eight private inpatient suites complete with WiFi, mini refrigerator, TV, an additional bed for an attending family visitor, and a one-to-four nurse/patient ratio (compared to the national average of one-to-eight).

USMD Imaging Center for Breast Health

The USMD Imaging Center for Breast Health supports a proactive approach to breast health with a comprehensive spectrum of the most advanced digital mammography and diagnostic imaging technologies. The Center offers a patient-focused approach to care with an experienced and specialized staff, quick results, soothing, spa-like environment, and a convenient location (on the garden level of the USMD Hospital at Arlington Medical Office Building). The center features state-of-the-art 2-D and 3-D mammogram technology, as well as automated breast volume scanning, on-site diagnostics, breast ultrasound, and stereotactic biopsy.

At USMD, they didn't just connect the docs. They united them. It may not be what you expect from health care, but they believe it's exactly what you deserve.

Primary Care and Specialists New Patient Appointments: (817) 514-5277

Urology New Patient Appointments: (817) 784-8268

Clinic Patient Billing Questions: (817) 514-5200

Corporate Headquarters: (214) 493-4000

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