



DR. CINDY JOHNSTON HONORED WITH WOMEN LEADERS IN MEDICINE AWARD

Congratulations to Cindy Johnston, MD, MS, CPC, CMQ, WellMed chief of medical affairs for Greater Texas, who has been named one of this year's Women Leaders in Medicine.

The Bexar County Medical Society is recognizing Dr. Johnston for her dedication to the practice of medicine.

She is highly regarded for her involvement in the advancement of patient care across Bexar County and the state of Texas.

Dr. Johnston is dedicated to her patients and gives her peers tools and resources to provide excellent team based patient care.

Dr. Johnston provided unrivaled support of her peers during the COVID-19 pandemic as well as being with a team of physicians who first responded to Hurricane Harvey disaster areas.



**“I’ve had the wonderful opportunity to be a part of this great team-based health care model.”
– Dr. Cindy Johnston**

For Dr. Johnston, medicine isn't just a career; it's her calling.

That calling, she says, has been backed by WellMed for 24 years.

“I’ve had the wonderful opportunity to be a part of this great team-based health care model. The amazing people I’ve been blessed to work with, and the wonderful people I have had the privilege to take care of, have fulfilled my calling to help people live their best lives,” she said.

In her role, Dr. Johnston spends a portion of her time traveling to all WellMed markets in the Greater Texas area.

She continues to see patients – most of whom are in their ‘80s and ‘90s and have been with Dr. Johnston for many years.

Her care and concern for her patients is reflected in the way she talks about them – it’s with a smile in her voice.

For Dr. Johnston, medicine isn't just a career; it's her calling. That calling, she says, has been backed by WellMed for 24 years.

“I’ve had the wonderful opportunity to be a part of this great team-based health care model. The amazing people I’ve been blessed to work with, and the wonderful people I have had the privilege to take care of have fulfilled my calling to help people live their best lives,” she said.

In her role, Dr. Johnston spends a portion of her time traveling to all WellMed markets in the Greater Texas area.

She continues to see patients – most of whom are in their ‘80s and ‘90s and have been with Dr. Johnston for many years.

Her care and concern for her patients is reflected in the way she talks about them – it’s with a smile in her voice.

“This is more than primary prevention. For many of my patients, I’m helping them navigate very complex health conditions. As a health care team, we are there for our patients. We work together to do the right thing for the patient at the right time care is needed. WellMed provides excellent resources to take care of our patients,” she said.

Dr. Johnston still does house calls and sees her patients in nursing homes.

“I have a saying: I hug ‘em and bug ‘em. They get my care, concern and attention as I want them to have a wonderful life despite age and level of medical illness. They joke that I bug ‘em to make sure they are following their care plan,” she said. “They tease me about it because they are comfortable with me and know I care about them and want them to have the very best.”

Dr. Johnston began her WellMed career in 1997. In 2005, she became lead physician and medical director.

She was promoted to senior medical director for the enterprise in 2011, regional medical director for South Texas in 2014, regional medical director for West Texas in 2015 and chief of medical affairs for Greater Texas in 2019.

Dr. Johnston completed her undergraduate studies in biomedical science at Texas A&M University’s College of Veterinary Medicine in College Station, Texas.

Dr. Johnston then earned her medical degree and completed her family practice residency at the University of Texas Health Science Center in San Antonio, Texas.

She also obtained her master’s degree in healthcare management from the University of Texas at Dallas. She is certified in coding and in medical quality.

Dr. Johnston is committed to changing the face of health care delivery for the nation by focusing on preventive medicine.

She’s changing the lives of individuals by managing their complex health care needs.
