

Effective Oct. 30, 2025, Heather Griffith, MD, will no longer be providing care at WellMed.

Contact your health plan to find another in-network provider.

Patients can obtain copies of their medical record by:

- Visiting [wellmedhealthcare.com](https://www.wellmedhealthcare.com) to send a request online
- Downloading the release form to print and fax back to 1-817-514-7879
- Mailing the form to:
WellMed Health Information Management Dept.
909 Hidden Ridge Dr, Suite 300
Irving, TX 75038